

Budget for Emergency Relief

1). List of Food Essentials

The following calculation is estimated for one family of 6 people for a period of 2 months.

1.	Onions	25kg sack	Rs 750	INR
2.	Potatoes	25kg sack	Rs 750	INR
3.	Pulses	25kg sack	Rs 2,500	INR
4.	Rice	25kg sack	Rs 1,500	INR
5.	Flour	25kg sack	Rs 1,000	INR
6.	Cooking Oil	5 litres	Rs 1,200	INR
7.	Powder Milk	5kg	Rs 1,000	INR
8.	Spices x 4*	1kg mixed	Rs 400	INR
9.	Salt	500g	Rs 75	INR
10.	Sugar	2kg	Rs 150	
11.	Tea	1kg	Rs 2,000	

* Red Chilly 250g, Cumin 250g, Turmeric 250g, and Garam Masala 250g

TOTAL: INR Rs 11, 325 (£141.56)

This is the estimate for the basic food requirements for one family (based on the average of a 6-person family) of non-perishable food stuffs i.e. we have not included fresh fruit and vegetables as these are highly perishable in transit, with the exception of onions and potatoes. These choices are also based on our knowledge of the average traditional Kashmiri diet once meat and dairy are excluded. This is a projection for the essential basic food requirements for one family for 2 months. If the family has more members than 6 then the womenfolk will be able to stretch it to feed more people if necessary. If the family has less than 6 members then the food will last longer, or conversely, according to the food generous nature of Kashmiris, then they would most likely share any surplus with other neighbours or nearby family members.

2). Haulage Delhi to Srinagar

A). One 7 tonnes lorry will carry a food load for 50 families and will cost **Rs 80,000 (£1,000)**

B). One 20 tonnes lorry will carry a food load for 150 families and will cost **Rs 150,000 (£ 1,875)**

4) Reaching out number of families

Option 1

50 families x **Rs 11,325 = Rs 5,66,250 (£7078.12)**

Haulage **Rs 80,000 (£1,000)**

TOTAL: **£8078.12**

Option 2

100 families x **Rs 11,325 = Rs 11,32,500 (£14,156.25)**

Haulage **Rs 150,000 (£ 1,875)**

Flights/insurance **£1,770**

TOTAL: **£16037.25**